

Pearls for Partners

2023 Spring Lecture Series

CMEs and CEUs provided | No Charge | All events 7-8 a.m. | Virtual Only

Register to attend at pinerest.org/pearls

Wednesday, March 8

Demystifying Detoxification

More than 20 million Americans today suffer from Substance Use Disorder, and those trying to overcome this disease may require medical intervention to ensure their physical and mental safety as they experience withdrawal. Pine Rest's Lisa Zwerk, a Certified Addictions Registered Nurse and Clinical Services Manager for Sub-Acute Detoxification, and Substance Use Director Mariah DeYoung provide an overview of the symptoms and potential complications associated with substance use withdrawal, including alcohol, opioids, benzodiazepines and marijuana, as well as common medications used for treatment that minimizes these risks.



Wednesday, April 12

Understanding Self-Harm

While adolescents and young adults have the highest rate of self-harming behavior, an increase in self-injury is being seen among the older adult population. Join Pine Rest's Dr. Kellen Stilwell, Child & Adolescent Psychiatric Fellow, and Dr. Weston Anderson, an Adult and Forensic Psychiatrist who serves on Pine Rest's Older Adult Unit, as they provide an in-depth look at self-harm in both adolescents and older adults, and how the behaviors and risks contrast between the two groups.

Wednesday, May 10

The Homicidal Patient: Risk Assessment & Duty To Warn

Managing the behavioral health care of dangerous patients comes with unique challenges. This presentation will discuss how to identify risk factors for potentially homicidal or violent patients and address them to mitigate risk to the community. Natalie Wallace, MD, a Board-Certified Forensic Psychiatrist and Lead Psychiatrist at Pine Rest's Psychiatric Urgent Care Center will review the historic 1969 *Tarasoff v. Regents of the University of California* case, the Michigan Statute for duty to warn, and address the legal responsibilities of members of the patient's treatment team.

