



## Love and Logic® Course

Love and Logic® is dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic. It provides practical tools and techniques that help adults achieve respectful, healthy relationships with their children. This virtual course, offered through Pine Rest's Traverse City Clinic, is based on the renowned parent training program "Parenting the Love and Logic Way," co-developed by experts Charles Fay, Ph.D., Jim Fay, and Foster W. Cline, M.D.

The program comprises of six weekly online sessions for mastering skills essential to effective parenting, such as:

- Creating home environments that stimulate responsibility, resiliency, and academic achievement
- Preventing misbehavior
- Avoiding power struggles while setting limits
- Teaching character and responsibility through modeling and applying logical consequences
- Teaching children healthy problem-solving skills
- Staying calm in stressful parenting situations
- Helping children prepare to resist drugs, alcohol, violence, and other dangerous behaviors

Please call our Traverse City clinic at **231.947.2255** if you have any questions. Participants must attend from the first session.

### When

For exact days and times please visit [pinerest.org/love-and-logic](https://pinerest.org/love-and-logic)

### Location

Virtual only

### Registration

Call Pine Rest's Traverse City Clinic at **231.947.2255**

### Payment

\$30 for the entire course



[pinerest.org/love-and-logic](https://pinerest.org/love-and-logic)