

Community Partners News

Pine Rest and BRAINS Announce Merger



Effective October 27, 2025, the merger will integrate Behavioral Resources And Institute for Neuropsychological Services (BRAINS), a long-standing local provider of psychological and neuropsychological assessment, counseling, speech therapy, occupational therapy, and Applied Behavior Analysis (ABA) services, into Pine Rest's full continuum of care, creating new efficiencies and coordination that will strengthen access to pediatric behavioral health services.

"Healthcare is increasingly complex, and partnerships like this are essential for sustaining and growing critical services," said Mark Eastburg, PhD, President and CEO of Pine Rest.

[Read More About the Merger with BRAINS](#)

Pine Rest Launches 'Care Everywhere' Referral Option

Care Everywhere allows healthcare providers with the Epic Electronic Health Record (EHR) system to securely access and update their patient records with information from other healthcare organizations, facilitating information exchange and coordinated care, even across different Epic systems.

Are you on Epic? Learn about connecting with Pine Rest through Care Everywhere.

[How to Connect with & Benefits of 'Care Everywhere'](#)

You Can Help Prevent Suicide

September is Suicide Prevention Month

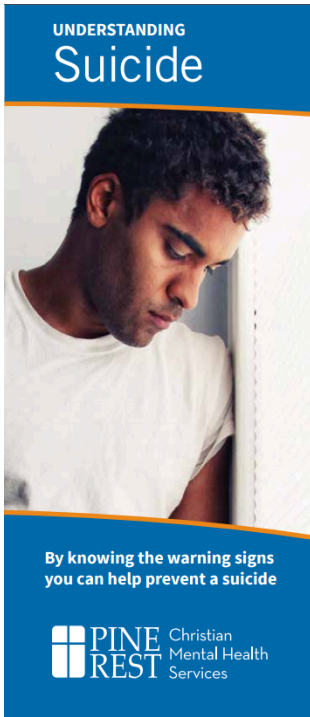


The best way to prevent suicide is through early detection, diagnosis and treatment of mental health conditions, particularly depression. The good news is that depression is among the most treatable of psychiatric illnesses. Between 80 to 90 percent of people with depression respond positively to treatment, and almost all patients gain some relief from their symptoms. All healthcare providers need to talk openly about the fact that people experience suicidal thoughts and have an action plan in mind to help.

If you are concerned that your client or loved one might be having suicidal thoughts, call Pine Rest directly at **800.678.5500**, take the person to the closest hospital emergency department or call the Suicide & Crisis Lifeline at **988** to speak to a trained professional who can offer advice and information on what to do.

[Learn to Recognize the Warning Signs & How to Respond](#)

Understanding Suicide



Suicide has long been a serious public health problem. Fortunately, there are steps we can take today to offer hope and strategies for preventing suicide of those we care about. Pine Rest provides a safe environment for persons at risk or who have attempted or are threatening suicide. Our highly trained and compassionate staff includes psychiatrists, nurse practitioners, physician assistants, psychologists, social workers, chaplains and more. Crisis stabilization is the goal for those entering the program, followed by the development of an individualized after-care plan.

We invite you to share with your clients or organization our *Understanding Suicide* brochure, to learn about warning signs, risk factors, how to talk to someone about it, and how our psychiatric hospital is here to help.

The brochure is available online and the printed version can be ordered through our website, along with our other publications.

[Download Understanding Suicide Brochure \(PDF\)](#)

[Order Printed Copies](#)

[More Info & Resources for Suicide Prevention](#)

The Role of 12-Step Support Groups in Recovery

September is National Recovery Month



Photo Credit: Getty Images/Hiraman, image posted by actors

A 1999 study by the Stanford University School of Medicine suggested: 12 Step programs work for people struggling with substance use disorder. However, some mental health professionals and sometimes those in the general community have a bias against Alcoholics Anonymous (AA) because of its perceived ties to organized religion. Learn from our recovery coaches how, regardless of a person's religious beliefs, the 12 Steps of AA are a solid foundation for recovery and are critical in maintaining long-term abstinence for everyone, working alongside and in conjunction with other substance use disorder interventions.

[Read About the Role of 12-Step Recovery Groups](#)

[4 Things to Consider When Choosing a SUD Treatment Program](#)

Conquering Peer Pressure



Peer pressure can have negative effects on kids and adults, but open dialogue in families can help mitigate the stress and anxiety that might come with it. Jenna Brackett, LMSW, CAADC-DP, spoke with Maranda on WOODTV about how resisting peer pressure and making independent choices can be an important life lesson for any age.

[Watch Jenna's Interview on WOODTV](#)

Pine Rest Virtual Grand Rounds



[From Trephination to Deep Brain Stimulation: The Evolution of Neurosurgery for Psychiatric Disorders](#)

Wednesday, October 1 | 12 - 1 p.m.

Cost: FREE

Credits: 1 CME, 1 CE for Social Work, 1 CE for Psychologists (pending)

Presenter: Brian Dalm, MD, Clinical Assistant Professor of Neurological Surgery, Ohio State University, Wexner Medical Center

In this virtual Grand Rounds, Dr. Dalm, board-certified neurosurgeon, will discuss the history of neurosurgical procedures for psychiatric conditions, help attendees understand current surgical treatment modalities, and learn about current devices and how they function.

[Sign Up Today](#)

Need to Refer a Patient? We're Here to Help

When a patient needs mental health care, time matters—and so does simplicity. At Pine Rest, we've made the referral process as smooth and accessible as possible for medical providers, therapists, school counselors, and other community professionals.

Whether you're referring for outpatient therapy, inpatient care, psychiatric urgent care, or specialized services like addiction treatment or neuromodulation, we offer multiple pathways to fit your workflow:

- **Epic Care Everywhere:** For Epic users, referrals are fast, secure, and integrated directly into your EHR system.
- **EpicCare Link:** A web-based portal for non-Epic providers to view patient progress and submit referrals.
- **Phone or Fax:** Prefer a direct conversation or paper forms? Our admissions team is ready to assist.
- **Care Convene & Great Lakes Health Connect:** Additional electronic options for seamless coordination.

We're committed to making sure your patients receive timely, appropriate care—and that you stay informed every step of the way.

[How to Refer Patients to Pine Rest](#)

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300 68th Street SE
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**Mental Health Matters Newsletter
for Family & Friends**

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