

Community Partners News

Immediate Openings for Psychiatric Evaluations



At the Portage Clinic - Ages 18-75

Eric Klomparens, MD treats adults experiencing depression, anxiety, bipolar disorder, psychotic disorders and PTSD. He earned his medical degree at Wayne State University School of Medicine and completed his psychiatry residency at WMU Homer Stryker M.D. School of Medicine.

Tim Oja, DO treats adults ages 18-75 with depression, bipolar disorder, anxiety, psychosis, schizophrenia, OCD, PTSD and substance use disorders. He earned his medical degree from MSU College of Osteopathic Medicine, completed his Psychiatry Residency at Pine Rest and Addiction Psychiatry Fellowship at the Mayo Clinic.

At the Loeks Residency Center - All Ages

We have immediate openings with our psychiatry residents at the Loeks Residency Center in Grand Rapids. Patients benefit from an extended appointment time to discuss their concerns, the combined experience of the resident and the supervising psychiatrist, plus quicker follow-up visits.

Pine Rest participates with all payers, including Medicare and Medicaid.

Call 866.852.4001 to Schedule an Appointment

Learn More About Drs. Klomparens and Oja

Benefits of Seeing a Resident at Loeks Residency Clinic

Low-Cost Therapy for Adults Now Available at Caledonia Clinic



Our Masters-level interns have immediate availability for new patients at the Pine Rest Caledonia Clinic! The cost is \$25 or less per session (self-pay) for those with Medicaid, Medicare or no insurance. Patients can call 866.852.4001 and ask for an appointment with one of our graduate level therapy interns.

Call 866.852.4001 to Schedule an Appointment

Caledonia Clinic

Master's Level Internship Program

Ask the Addiction Experts: What is “Rhino Tranq”?



Rhino tranq is a deadly new street drug that combines the opioid fentanyl and xylazine with the much stronger animal sedative/tranquilizer medetomidine. When an individual takes rhino tranq, they run an extremely high risk of both their heart and breathing stopping and causing a sudden overdose death. Learn more about the symptoms, what makes this drug so dangerous and what to do if overdose is suspected.

[More About "Rhino Tranq"](#)

When Eating Disorder Symptoms Warrant a Diagnosis



Eating disorders are serious mental health conditions that require professional attention. While occasional preoccupation with food or body image is common, persistent symptoms that disrupt daily life and well-being warrant closer examination and, possibly, a clinical diagnosis. Recognizing and understanding eating disorder

symptoms and warning signs early on and seeking support can make a substantial difference in outcomes, helping individuals on the path to recovery.

Our new pediatric Eating Disorders Program for ages 12 through high school has immediate openings. Not sure what level of care is needed? Call **800.678.5500** for assistance and admission.

[Understanding & Diagnosing Eating Disorders](#)

[Pediatric Eating Disorders Partial Program](#)

[Outpatient Therapists Specializing in Eating Disorders \(All Ages\)](#)

Understanding Caregivers



November is National Family Caregivers Month. Studies show that caregivers who are under strain are more likely to have headaches, back problems, high blood pressure, high cholesterol and gain weight. If your patient is a caregiver, they may also be battling stress, depression and substance use, on top of any other medical conditions you are treating them for.

We invite you to share with your clients or organization our *Understanding Caregivers* brochure, to learn about how our highly trained clinicians provide professional services with compassion and understanding. It is available online and the printed version can be ordered through our website, along with our other publications. Please note the number of copies you'd like in the comments section.

[Download Understanding Caregivers Brochure \(PDF\)](#)

[Order Printed Copies](#)

[More Info & Resources for Caregivers](#)

For More Information or to Refer a Patient

Psychiatric Urgent Care, Inpatient & Partial Hospitalization Programs

Call **800.678.5500**

Outpatient, Telehealth & Addiction Services
Call **866.852.4001**

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300 68th Street SE
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Mental Health Matters Newsletter
for Family & Friends

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