

Community Partners News

New Referral Option Now Available: Epic Care Everywhere

We're making it even easier to refer your patients for inpatient, partial programs, therapy, assessments and other services at Pine Rest. In addition to existing options—*phone call, EpicCare Link, Care Convene, Great Lakes Health Connect or fax*—if you are on Epic, you can now refer directly through Epic Care Everywhere. This secure, streamlined method allows for more efficient coordination of care, helping you connect patients to the services they need and providing better care coordination.

[Learn About Care Everywhere Benefits](#)

[How to Refer to Pine Rest](#)

Ask the Addiction Expert: Understanding Kratom



Kratom, a plant-derived substance with both opioid- and stimulant-like effects, has gained popularity across the United States. Often sold legally in gas stations, smoke shops, and online, kratom is sometimes referred to as “gas station heroin.” However, despite its legal status in many areas, kratom poses serious health risks, especially when consumed in high doses or potent forms.

[Read More About Risks & Realities of Kratom](#)

PTSD and Trauma: It's Not Just a Veteran's Experience



While PTSD is often associated with military service, it can affect anyone—regardless of age, gender or occupation. Trauma doesn’t discriminate, and neither does its impact. Whether it’s a child, adult or even a healthcare professional, anyone who has lived through or witnessed a traumatic event can develop PTSD. Misconceptions about who is “at risk” can delay recognizing symptoms and accessing treatment when it’s most needed.

[Read PTSD & Trauma Article by NAMI](#)

Understanding Eating Disorders



Eating disorders affect people of all ages, weights and body shapes, but they are more common in adolescents and young adults. Eating disorders have the second highest mortality rate of any psychiatric illness behind opiate addiction. Getting a diagnosis and treatment early are critical to health and wellness.

We invite you to share with your clients or organization our *Understanding Eating Disorders* brochure, to learn about the warning signs, the impact of risk factors and treatment options. It is available online, and printed copies can be ordered through our website, along with our other publications.

[Download Understanding Eating Disorders Brochure \(PDF\)](#)

[Order Printed Copies](#)

[More Info & Resources for Eating Disorders](#)

Quarterly EAP Conference

Beyond the Alarm: Smart Security for Real World Threats



Tuesday, August 12 | 8:30 - 11:00 a.m.

Free to attend.

We are excited to welcome back Jason Russell, President and Founder of Secure Environment Consultants, to share new content and his expertise on smart security for real world threats. In his presentations, Jason explores preparation and security solutions to keep your organization safe.

In-person & online attendance options available.

[Register for Free Security Conference](#)

REGISTRATION OPEN!

2025 Annual Psychiatric Nursing Conference

[Unity in Nursing: Mental Health at the Heart of Holistic Care](#)



Thursday, September 18 | 8:00 a.m. – 4:30 p.m.

Pine Rest Postma Center

Join fellow nurses and other healthcare professionals, to learn about and help focus on mental health as a component of holistic, high-quality care, that is patient centered.

Complete schedule, all topics and speakers line-up now ready to view on our registration page.

Catered lunch and a gourmet coffee bar will be provided. Nursing contact hours will also be available. Seats are limited and fill up fast!

Register for 2025 Unity in Nursing Conference

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300 68th Street SE
Grand Rapids, MI 49548

**Mental Health Matters Newsletter
for Family & Friends**

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