



# Community Partner News

## IMMEDIATE OPENINGS FOR SUBSTANCE USE DISORDER TREATMENT



Are your patients/clients looking for a fresh start in 2023? With one call to **866.852.4001**, we can guide you or your patient through the process of inquiry, assessment and admission to the most appropriate level of care. We will assist with understanding insurance benefits, explain what other sources of funding might be available and qualify your patient for treatment.

Our Addiction Services program has immediate openings in:

- Residential Detox
- Short Term Residential
- Partial Hospitalization

## HOW CAN WE HELP MORE PEOPLE GET TREATMENT FOR ADDICTION?



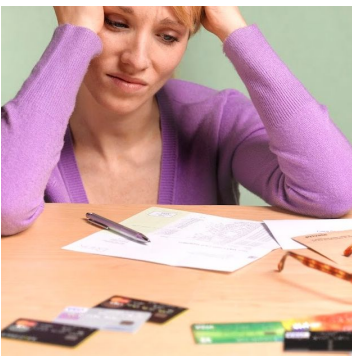
According to SAMHA's 2021 National Survey on Drug Use and Health released in early January, 46.3 million people aged 12 or older met DSM-5 criteria for having a substance use disorder in the past year.

Ninety-four percent did not receive any treatment. Nearly all who did not receive treatment at a specialty facility did not think they needed treatment.

### How To Help More People Get Addiction Treatment

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## NEW THERAPY GROUP STARTED FOR BEHAVIORAL ADDICTIONS



Behavioral addictions, sometimes called process addictions, are self-destructive behaviors that a person struggles to stop, even if they want to. Many people in recovery from drugs and alcohol find themselves more vulnerable to behavioral addictions.

If your patient/client is in recovery from a substance use disorder and finds that other behaviors are getting them into trouble, they may need additional treatment.

Consider referring them to our new online therapy group, the Addictive Behaviors Group.

### More On Addictive Behaviors

### Info On Addictive Behaviors Therapy Group

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## CELEBRATING 10 YEARS OF SUPPORTING MOMS



Pine Rest is celebrating 10 years of offering its unique and supportive Mother & Baby Program, which has helped over 1700 moms right here in West Michigan! Being one of only a few places in the country to offer a program like this, it focuses on helping mothers who experience perinatal mood and anxiety disorders, like postpartum depression.

Watch Maranda talk to our clinical experts and hear former patients share their personal and touching experiences with this program and what makes it so unique.

[Watch The Full Interview On WoodTV](#)

[Mother & Baby Program Info](#)

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## ASK THE EXPERT: PERINATAL MOOD & ANXIETY DISORDERS



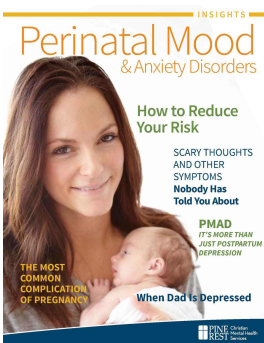
Perinatal Mood and Anxiety Disorders (PMAD) encompass mood and anxiety disorders from pregnancy until three years after a baby is born and includes depression, anxiety, psychosis, bipolar disorder, obsessive compulsive disorder and post-traumatic stress disorder. Dr. Andrea McFerren, psychiatrist for Pine Rest's Mother and Baby Program, shares valuable insights about the symptoms of PMAD and treatment options available, with eightWest.

[Watch Dr. McFerren's Full Interview](#)

[More Info About PMAD](#)

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## FREE RESOURCE: PMAD INSIGHTS MAGAZINE



Our *Perinatal Mood & Anxiety Disorders Insights* magazine takes a closer look at the various PMAD manifestations, symptoms, treatment options as well as the ways women can reduce their PMAD risk. Men are not immune either, so closer attention should be paid to how this impacts them.

One parent's PMAD affects everyone in the family. We invite you to share with your clients or organization our *PMAD Insights* magazine. It is available online and the printed version can be ordered through our website, along with our other publications; please note the number of copies you'd like in the comments section.

[Download PMAD Insights Magazine \(PDF\)](#)

## Order PMAD Insights Magazine (printed copies)

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### **For More Information or to Refer a Patient**

Psychiatric Urgent Care, Inpatient & Partial Hospitalization Programs

Call 616.455.9200 or 800.678.5500

Outpatient, Telehealth & Addiction Services

Call 866.852.4001