

COMMUNITY PARTNERS NEWSLETTER

August 2023

Pediatric Center Update: Pine Rest Awarded 40 Additional Beds



Pine Rest received approval to add 40 new child & adolescent beds earlier this month. These will be part of the new Pediatric Behavioral Health Center opening in Fall 2025 with 66 pediatric beds in three specialized units for children and teens. Each of the three units will feature 22 private patient rooms. Upon completion of the pediatric center, Pine Rest will offer a total of 102 beds capable of serving children, greatly expanding psychiatric inpatient care in the state.

[More About Our Pediatric Behavioral Health Center](#)

Substance- and Medication-Induced Anxiety Disorder



This disorder is diagnosed when panic attacks or other anxiety symptoms are brought on by use of or withdrawal from alcohol or other drugs, taking medications or exposure to heavy metals or toxic substances.

Ironically, many of the substances that people use to “relax” may be the very agents that cause this disorder. Learn which substances, medication and toxins lead to the onset of anxiety symptoms.

[Read the Article for a Complete List](#)

[Anxiety Advice From our Experts](#)

The Power of Group Therapy in Residential Addiction Treatment



Every day, patients arrive at our Birch residential unit ranking 10 on a scale of one to 10 for anxiety, depression and cravings for their drug of choice. Days, or sometimes weeks, later they leave with a smile on their face telling us they are experiencing zero anxiety, depression and cravings. Much of this healing occurs through group therapy.

[Benefits of Group Therapy](#)

How Prescribers can Address the Opioid Epidemic



Prescribers have an important role in stemming the opioid epidemic. Pine Rest's John Budnick, PA-C, reviews warning signs and behaviors that could indicate your patient may be developing a substance use disorder.

SUD Tips for Prescribers

Understanding ADHD

**UNDERSTANDING
ADHD**



**Distractibility. Impulsiveness.
Hyperactivity. And help!**



Attention Deficit / Hyperactive Disorder (ADHD), also called Attention Deficit Disorder (ADD), affects about 1 out of 10 children, making it one of the most common problems kids face, especially boys. And many adults grow up without realizing how ADHD has played and continues to be a significant factor in their life quality.

We invite you to share with your clients or organization our *Understanding ADHD* brochure. It is available online and the printed version can be ordered through our website, along with our other publications. Please note the number of copies you'd like in the comments section.

Info & Resources for ADHD

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