

COMMUNITY PARTNERS NEWSLETTER

August 2024

Immediate Openings for Psychiatric Evaluations!

We have immediate openings for new adult patients (18+) with our psychiatry residents at the Loeks Residency Center. Patients benefit from a longer time to discuss their concerns and from the combined experience of the resident and the supervising psychiatrist. Pine Rest participates with all payers, including Medicare and Medicaid.

Call 866.852.4001 to schedule an appointment.

[Learn More](#)

Addressing Back-to-School Concerns



Photo Credit: Mint Images

The fall can be stressful for kids as they head back to the classroom, make transitions from one school to another, learn to manage more challenging academics and perhaps be confronted by bullies. Our newsroom has a section of articles addressing student (and parent!) concerns.

Tips for the School Year

Understanding ADHD

UNDERSTANDING ADHD



**Distractibility. Impulsiveness.
Hyperactivity. And help!**

 **PINE
REST** Christian
Mental Health
Services

Attention-Deficit/Hyperactivity Disorder (ADHD), also called Attention Deficit Disorder (ADD), affects about 1 out of 10 children, making it one of the most common problems kids face. In fact, many adults grow up without realizing how ADHD has played and continues to be a significant factor in their current life quality.

Because a one-size-fits-all strategy doesn't work with ADHD, treatment recommendations are customized to each situation. We invite you to share with your clients or organization our *Understanding ADHD* brochure, to learn about the importance of an accurate diagnosis, options for testing and treatment at Pine Rest and the support we provide. It is available online and the printed version can be ordered through our website, along with our other publications. Please note the number of copies you'd like in the comments section.

[Download Understanding ADHD Brochure \(PDF\)](#)

[Order Printed Copies](#)

[Kids Mental Health Info & Resources](#)

Addictive Behaviors Group Therapy Available Online



Credit: Yuichiro Chino

Behavioral addictions, sometimes called process addictions, are self-destructive behaviors that a person struggles with and finds too difficult to stop, even if they want to. Many people in recovery from drugs and alcohol find themselves more vulnerable to behavioral addictions.

If your patient/client is in recovery from a substance use disorder and finds that other negative behaviors are an issue, they may need additional treatment. Consider referring them to our online therapy group, the Addictive Behaviors Group.

[Online Group Therapy Details](#)

[Learn More About Behavioral Addictions](#)

Pediatric Center Receives \$12.5M Grant



We are excited to announce a major milestone for our future Pine Rest Pediatric Center of Behavioral Health!

On July 24, Governor Whitmer signed the Michigan FY2025 budget into law, including a significant \$12.5 million grant earmarked for our Pediatric Psychiatric Urgent Care Center (PPUCC), which will be part of the pediatric hospital, anticipated to open in 2026.

Learn More About the Grant

Psychiatric Nursing Conference 2024

Unity in Nursing: Embracing Mental Healthcare Perspectives

September 10, 8:00 a.m. - 4 p.m.
Earn 7 CEUs (WNA)

Deadline to Register: August 30



Only a few days left to register for our Psychiatric Nursing Conference! Nurses and nursing team members can earn 7 CEUs while learning about the increasing complexities of our communities' mental healthcare needs.

Chief Nurse Executive Gretchen Johnson will facilitate the seminar, with sessions led by numerous experts covering topics such as:

- Morning Keynote Address: "The Power of Evidence Based Practice", Dr. 'Joke Ayoola, PhD, RN, FAAN
- "The Power of Pronouns", Jay Knight, DNP, MSN, RN (they/them/theirs) and Jennie Knight, BS (she/her/hers)
- "The Roles of Psychiatric Culinary Medicine in the Management of Mental Health Conditions", April Hackert, MS, RDN
- "Nurses Caring for Nurses", Robi Thomas, PhD, RN, PMHNP-BC
- "Ketamine: Past and Present Treatment for Depression", Donna Ecklesdafer, MSN, BSN, RN, Dawn Miller, BSN RN-BC, Joanna Howe, RN
- ... and more break-out sessions to choose from!

Don't Miss Out, Register Today!

For More Information or to Refer a Patient

Psychiatric Urgent Care, Inpatient & Partial Hospitalization Programs

Call **616.455.9200** or **800.678.5500**

Outpatient, Telehealth & Addiction Services

Call **866.852.4001**

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PROFESSIONAL EDUCATION
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