

COMMUNITY PARTNERS

NEWSLETTER

September 2023

New Master's Level Internship Program Starts in 2024



Pine Rest is launching a new master's level internship program to start in August 2024 for social work, counseling and psychology students; positions that can be a struggle to find due to demand that often exceeds availability. The one-year program will provide a dedicated placement in inpatient, outpatient, psychological testing, residential or school setting to its first cohort of 16 interns as well as exposure to the full spectrum of clinical care and career options.

"Every master's level student needs an internship to meet their program's requirements for graduation. That's a lot of people trying to find placement, and only a handful of organizations deliberately create resources capable of supporting them," said Jean Holthaus, LMSW, LISW.

[Read More](#)

[Program Details & Application Form](#)

Examining Workplace Mental Health in West Michigan



In our current post-pandemic world, many executives are left wondering what mental health care should look like in work environments, how they can best support their teams, and what they can do to determine employees' true needs. Those themes were discussed at the Crain's Grand Rapids Business Power Breakfast event on mental health in the workplace. The event featured a panel of local leaders in human resources and mental health, including Scott Halstead, PhD, Vice President of Outpatient and Recovery Services at Pine Rest.

[Read Crain's Grand Rapids Business Article](#)

[Workplace Mental Health Articles](#)

The Sober Curious Movement



The new "sober curious" movement is about exploring and changing a person's relationship with alcohol while still being social and having fun. Learn more about what drives this movement, the benefits and tips on adopting this lifestyle. Jon LaFleur, RN with Pine Rest's residential programs, talks about being sober curious, how to overcome barriers, and when to seek professional help.

[Watch WZZM Interview](#)

[Read Full Article](#)

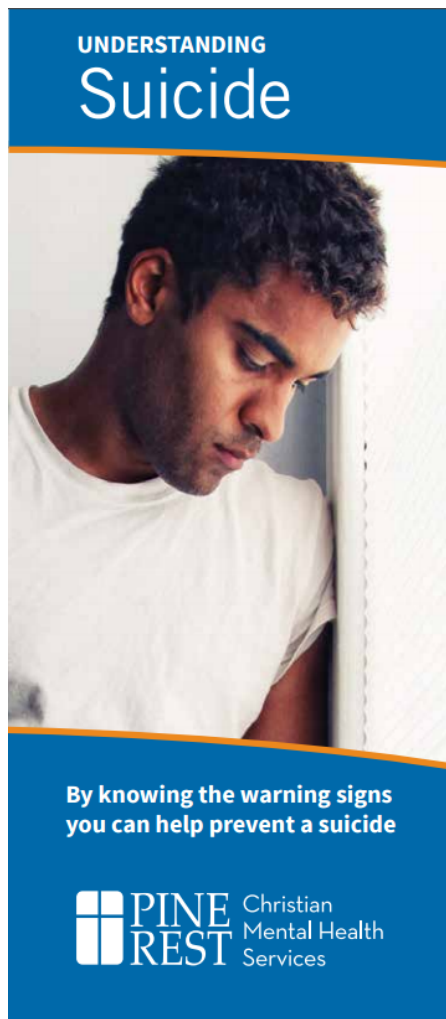
Words Matter When Discussing Chemical Dependency



“Because of the stigma that we’ve experienced in this field for so long, the best way to talk about this is either someone struggling with the disease of addiction or someone struggling with substance use disorder ... words matter” – Dr. Talal Khan, Medical Director of Outpatient and Recovery Services, chief of Neuromodulation Services at Pine Rest.

[Watch WGVU Panel Discussion](#)

Understanding Suicide



Suicide is now a leading cause of death in the United States, especially among teens and young adults. We know that conversation leads to better awareness, dispelling the myths around suicide and greatly increasing the chances of preventing suicide.

We invite you to share with your clients or organization our *Understanding Suicide* brochure. It is available online and the printed version can be ordered through our website, along with our other publications. Please note the number of copies you'd like in the comments section.

Info & Resources for Suicide

[Download Understanding Suicide Brochure \(PDF\)](#)

[Order Printed Copies](#)

Upcoming Educational Events



Multi-Disciplinary Inpatient Treatment Units for Youth with Neurodevelopmental Disorders

Friday, October 6 | 12 - 1 p.m.

No charge to attend | Virtual & In-Person options available

1 CME or CE credit (pending approval)

Presenter: Matthew Siegel, MD

Dr. Siegel will give an introduction to inpatient multi-disciplinary psychiatric care of youth with neurodevelopmental disorders, along with reasons for admission, etiology, assessment and treatment approaches and modifications to inpatient practices.

Sign-up Today!



Virtual Grand Rounds: Implicit Bias

Wednesday, October 11 | 12 - 1 p.m.

\$35 to attend (no charge for Pine Rest staff)

1 CME/CE credit available

Presenter: Elizza LeJeune, LMSW

An overview of implicit/unconscious biases and how they impact scope of care and influence in everyday living. Elizza will discuss forms of microaggressions, microinsults, microinvalidations and review tools to use for reconciliation.

Sign-up Today!

We believe
in the power
of potential.



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