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Service Announcement: Immediate Openings in Detox and Residential Units

Our Pine Rest Detox and Residential Detox units currently have immediate openings available.
Detoxification services are for adults 18+ who need medically monitored assistance in withdrawing from addictive substances. Short-term residential care allows for continuity of care for those patients who no longer need detoxification services but could greatly benefit from a continued stay in a supportive residential setting. We provide a warm and welcoming environment to eliminate the risk of relapse. Our experienced medical staff includes a multidisciplinary team of physicians, nurses, counselors and care providers who specialize in substance use disorders.

Dr. Mallis Offers Back-To-School Advice

Throughout the month of August, psychologist Dr. Greg Mallis will be offering back-to-school advice for parents and kids to help ease the transition on eightWest’s DAILY 2 program. Topics for this month’s series include:

- Helping transition kids to a more structured routine after summer freedoms
- The importance of healthy sleep habits for kids
Tips for sending older kids off to college
General mental health tips for kids of all ages
… and much more!

Watch Dr. Mallis' Aired Daily Two Segments

10 Tips For Defusing Anger:
Working With Individuals Impacted by High Stress

More often these days we see that our clients and colleagues are afraid, uncertain, frustrated, exhausted and angry. Good crisis management prevents a bad situation from getting even worse. Serving as the “anger designated driver” for people when they are not at their best can help contain the issue and avoid additional problems.

Learn How To Verbally De-Escalate Anger

West Michigan Woman’s 2022 Readers’ Choice Awards: Vote For Pine Rest!
Pine Rest placed as a finalist in the ‘Mental Health Services’ and ‘Counseling’ categories!

Participants are asked to vote for their favorite finalist in at least 10 categories.

Cast Your Vote Here!

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**Dr. Cameron Risma Appointed to Michigan's Opioid Advisory Commission**

Dr. Cameron Risma has been appointed to Michigan’s Opioid Advisory Commission, one of 12 Commission members appointed by legislative leadership. Dr. Risma is an Addiction Psychiatrist with the Pine Rest Retreat Clinic which provides outpatient therapy, addiction medicine services, outpatient opioid detoxification and family support to individuals struggling with substance use disorder.

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**Understanding Teens Brochure**

Our *Understanding Teens* brochure examines how timely,
appropriate treatment reduces the impact of teens’ mental and behavioral health conditions, how Pine Rest can help with assessments and screening, as well as our full spectrum of treatment options.

We invite you to share with your clients or organization our Understanding Teens brochure. It is available online and the printed version can be ordered through our website, along with our other publications; please note the number of copies you’d like in the comments section.

Download Understanding Teens Brochure (PDF)

Order Understanding Teens Brochure (printed copies)

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**Fall 2022 Virtual Pearls For Partners Series**

**Opening a Psychiatric Urgent Care Center – What We’ve Learned**

September 14 | 7 - 8 a.m. | No charge to attend
Dr. Bibhas Singla, Medical Director and Kyle Hoffmaster, Director of Patient Access, both with Pine Rest’s Hospital & Residential Services, as well as Dr. Natalie Wallace, will share insights on the successes and challenges they’ve faced with opening the first psychiatric urgent care center in the region. Included will be lessons learned as Pine Rest prepares to add urgent care services for children and adolescents.

Register Now

For More Information or to Refer a Patient
Psychiatric Urgent Care, Inpatient & Partial Hospitalization Programs
Call 616.455.9200 or 800.678.5500

Outpatient, Telehealth & Addiction Services
Call 866.852.4001