



Contact Information

New Patient Appointments:

Call 866.852.4001

Current Patient Appointments & Questions:

Please contact the clinic where you are receiving treatment.

Current Patient Online Records, Refill Requests, Payments:

pinerest.org/mychart

After-Hours Emergencies/Pine Rest Contact Center:

Call 616.455.9200 or 800.678.5500

TTY 616.281.6446

Our Locations

BRAINS

3292 N. Evergreen Dr. NE
Grand Rapids, MI 49525
616.365.8920

Outpatient Specialty Clinic

300 68th Street SE
Building H, Entrance H1
Grand Rapids, MI 49548
616.327.8133

Southwest Clinic

4211 Parkway Place
Suite 100
Grandville, MI 49418
616.222.3700



pinerest.org/aba

Applied Behavior Analysis for Autism Spectrum Disorders





What Is ABA?

Applied Behavior Analysis (ABA) can help persons with autism spectrum disorders (ASD) live happy and productive lives. ABA techniques can reduce challenging behaviors and foster new skills such as looking, listening and imitating, as well as complex skills such as reading, conversing and understanding another person's perspective.

According to the National Institute for Mental Health, "While there's no proven cure yet for autism spectrum disorders, treating ASD early, using school-based programs, and getting proper medical care can greatly reduce ASD symptoms and increase your child's ability to grow and learn new skills. Research has shown that **intensive behavioral therapy** [such as ABA] during the toddler or preschool years can significantly improve cognitive and language skills in young children with ASD."

ABA is widely accepted as a safe and effective treatment for ASD. In fact, Michigan law mandates insurance companies pay for treatment of ASD and specifies ABA be used as the treatment.

What to Look for in an ABA Program

While there is no single best treatment for all children with ASD, the American Academy of Pediatrics recently noted common features of effective early intervention programs. These features include:

- Begin as soon as a child has been diagnosed with ASD.
- Provide focused and challenging learning activities at the proper developmental level for the child.
- Provide special training for parents and family members.
- Measure and record each child's progress and adjust the intervention program as needed.
- Guide the child in adapting learned skills to new situations and settings and maintaining learned skills.
- Use a curriculum focused on language and communication, social skills, self-help and daily living skills, research-based methods to reduce challenging behaviors (such as aggression and tantrums), and school-readiness skills (such as letter recognition and counting).

Our Team utilizes powerful tools and strategies based on Applied Behavior Analysis to reduce problem behaviors and to teach life skills. We have been successful in expanding communication, social, independent living, recreation and academic skills in a measurable fashion.

Why Choose Us for ABA?

We will assess your child's needs and design an individualized treatment program with specific goals to reduce problem behaviors and to increase functioning in the following areas:

- Communication, academic and social skills
- Self-care
- Recreation / play and leisure
- Physical education / motor skills

We tailor each treatment plan so sessions can take place in comfortable and familiar environments for the learner—whether at home, in a clinic, at school, or out in the community.

We empower parents and caregivers with techniques that can make a difference in their child's life.

We track data on all areas being addressed so treatment progress can be easily measured and procedures and goals can be adjusted as needed.

We strive to provide the broadest range of research-based treatments that are in-line with National Institute for Mental Health and American Academy of Pediatrics recommendations.

ABA evaluations and services are provided by board certified behavior analysts (BCBA).

Payment

We accept most insurance plans. An intake coordinator will help you navigate insurance. Some assistance is available for those with financial need.