



2022 ANNUAL REPORT

Life-Changing Care

Empowering Children to Meet Their Full Potential

First Dedicated Behavioral Health Center for Kids in West Michigan

Announced last summer, the Pediatric Behavioral Health Center of Excellence (Pediatric Center) will be a state-of-the-art space tailored specifically to meet the needs of Michigan’s kids in an innovative, safe and inclusive environment that positions children for lifelong success. To address the urgent statewide need, we are collaborating with community members, patients, families, and Helen DeVos Children’s Hospital.

“We want our kids to live purposeful and joy-filled lives,” said Dr. Heide Rollings, Medical Director. “The Pediatric Center will help our community and state become a place

where none of our kids will have to wait weeks or months for world-class mental health care.”

Scheduled to open in 2025, the Pediatric Center will expand inpatient, outpatient, day programs and assessment and will add new services, including urgent care, specialty clinics and residential services.

Although we won’t break ground until 2024, much planning has already been completed, a location on the Cutlerville campus determined, the architecture firm BWBR was selected as the design team, and EV Construction chosen as the construction contractor.

PATIENT CARE STATS



Total Patients 49,847



Urgent Care Visits
6,356



Inpatient Admissions 7,052
Days of Care 57,554



Day Programs Admissions 1,595
Days of Care 9,076



Outpatient Encounters
319,759



Residential Days of Care
34,061

Mother & Baby Program

Hope and Healing for 1,700 Moms and Their Families in First 10 Years

In January 2023, we celebrated the 10th anniversary of the innovative Mother & Baby Program, which provides hope and healing for individuals struggling with mental illness during pregnancy or postpartum.

Only the second in the country at the time it opened, the program provides all the resources moms need to bring their infants to daily treatment. The model helps overcome such barriers to treatment as breastfeeding schedules and finding childcare and provides the opportunity to address mother-and-baby bonding issues. Serving over 1,700 patients in its first 10 years, the program is making a huge impact on the health and success of families throughout Michigan.



Current and past staff, volunteers and patients gathered to celebrate the Mother & Baby Program anniversary in January 2023.

Meeting the Growing Need for Caregivers Making Nursing Degrees Easier to Attain

The new Pine Rest Academy helps make nursing school more affordable, provides job experience and will help address the national nursing shortage. Nursing students in the program can receive up to \$10,000 per semester and \$40,000 total in tuition assistance.

“We are thrilled to partner with so many Michigan schools, offering nursing students both academic excellence and in-person experience in the behavioral health field. The program is instrumental in meeting the growing need for mental health care in Michigan,” Bob Nykamp, Vice President and Chief Operating Officer.

PARTICIPATING SCHOOLS

- Calvin University
- Cornerstone University
- Davenport University
- Grand Valley State University
- Hope College
- Michigan State University
- Montcalm Community College



Davenport nursing student Mia Warner-Bates' career goal is to be a psychiatric nurse so she can help people like herself who suffer from anxiety and depression. She feels her personal experiences and struggles will help her be a better nurse!

Mia was accepted into the Pine Rest Nursing Academy and is receiving tuition assistance and working part-time at Pine Rest as a nurse technician.

“This means the world to my family and me. It allows me to go to college tuition-free and work less while I’m in nursing school,” said Warner-Bates. “Plus, I’m a freshman in college and have a guaranteed job when I graduate,” she said. “How awesome is that?”

Excerpted from Davenport.



Financial Highlights*

	2022	2021
Total Revenues	\$169,126,000	\$179,779,000
Total Expenses	\$178,859,000	\$164,741,000
Community Benefit	\$19,895,000	\$15,667,000

*A copy of the audited financial statement is available upon request.



Addiction Services Expanded More Receiving Immediate Care

Substance use disorders have been on the rise; however, wait times sometimes kept patients from receiving treatment quickly and some service levels were not available.

Over the past two years we’ve been working hard to make services available more quickly. We renovated space in our Retreat Clinic to increase residential detox services, then improved Birch Lodge for short-term residential patients. These changes allow us to serve up to 400 more patients each year, and they can usually start treatment within one to two days!

We also added partial hospitalization for substance use disorders, an intensive daily treatment that helps patients transition to home life without drugs and alcohol. This level of service was not available previously in West Michigan.



Staff at Birch Lodge ribbon cutting ceremony.

“The level of compassion, care, and overall treatment as a loved human being far exceeded anything I could’ve expected. The staff were always all in good spirits and a joy to be around. I could go on and on, but the bottom line is this has been a wonderful experience. I’m better for it, humbled, and so grateful.”

A Residential Detox Patient