Pine Rest Ranked Third Largest Nonprofit Behavioral Health Hospital in the U.S.

In a report released by Modern Healthcare on March 7, 2022, Pine Rest was ranked the third largest not-for-profit behavioral health hospital in the country based on net revenue reported in the 2020 CMS Hospital Cost Report data. Pine Rest’s ranking rose from fourth to third since the 2020 edition of the leading industry report.

“Our Michigan community has suffered more mental health challenges than ever before due to COVID-19, and we are honored that over 47,000 people trusted us for their care last year,” said Bob Nykamp, vice president and chief operating officer at Pine Rest. “While it’s not our goal to be the largest, we have grown in order to serve our Michigan friends and neighbors with the kind of quality care we would want for our own families.”

Pine Rest is especially focused on improving access to care right now because that’s what our community needs. Our climb in the Modern Healthcare ranking is solely a reflection of our focus on living out our mission.

PATIENT CARE STATS

<table>
<thead>
<tr>
<th>Service</th>
<th>Total</th>
<th>Inpatient</th>
<th>Outpatient</th>
<th>Residential</th>
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</thead>
<tbody>
<tr>
<td>Urgent Care Visits</td>
<td>5,510</td>
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<tr>
<td>Inpatient Admissions</td>
<td>8,749</td>
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<tr>
<td>Days of Care</td>
<td>69,446</td>
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<tr>
<td>Day Programs Admissions</td>
<td>1,499</td>
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<tr>
<td>Days of Care</td>
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<tr>
<td>Outpatient Encounters</td>
<td>337,140</td>
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<tr>
<td>Residential Days of Care</td>
<td>35,286</td>
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</tbody>
</table>

Psychiatry Residency & Fellowship Program

EXPANDING ACCESS, BUILDING REPUTATION

In 2014, Pine Rest launched the psychiatry residency to attract future psychiatrists to West Michigan. The program has built a great reputation in this short time, and now ranks in the top 19% in Michigan and the top 30% in the Midwest and U.S. for reputation according to Doximity.

As one of the largest psychiatry residency and fellowship programs in the state, the program is serving as a national pipeline for drawing psychiatry talent to West Michigan. Our current 51 residents and fellows are providing care to thousands of patients each year, plus thousands more are receiving care from the 40% of graduates who stay at Pine Rest and the nearly 60% who are practicing in Michigan.
Pine Rest has become a world-class behavioral healthcare hub right in West Michigan. By acting on our mission to provide access to behavioral health care, we are continuing to envision and implement new treatment models, services and programs in the communities we serve, and we will continue until all residents can access the care they need when they need it. Some recent examples include:

RESIDENTIAL ADDICTION PROGRAMS  Over the past year, residential detox services moved to a new location on campus, and the former location was renovated to focus on short-term care. The changes will allow 400 more patients per year to receive care through the programs. The renovations provide additional services and increased safety.

PSYCHOLOGICAL CONSULTATION CENTER  Doubled its size with a move to a new office building in Byron Center. The new facility is the region's largest of its kind, expanding from 21 clinical offices and testing rooms to 40.

TRANSITION CLINIC  Because of long wait times to access a new provider, patients discharged from higher levels of care at Pine Rest were not always receiving the ongoing care necessary for recovery during the critical weeks after discharge. The Transition Clinic steps into this gap by providing services and helping patients access supportive community services for up to 90 days.

LAKELAND CLINIC  In partnership with Spectrum Health Lakeland, Pine Rest's newest clinic provides therapy and rapid access to psychiatry services in Southwest Michigan.

DIVERSITY COLLECTIVE  Launched to help community members who are part of the Black, Indigenous and People of Color (BIPOC) community connect with a Pine Rest clinician of similar background. Studies show working with a clinician you feel comfortable with improves outcomes.

EXPANDING ACCESS TO CARE IN OUR COMMUNITIES
BUILDING A WORLD-CLASS BEHAVIORAL HEALTHCARE HUB

SUPPORTING FARM & FISHERY FAMILIES
Working with the MSU Extension, Michigan farmers and commercial fishers are connecting to therapists who have an understanding of the agricultural community and farming.

EXCEPTIONAL PROFESSIONALS AT
THE HEART OF EXCEPTIONAL CARE
Nearly 1,000 dedicated care providers are bringing exceptional care, compassion and hope to our patients.